

Fall-Winter 2015

PRESCHOOL LIVING AND LEARNING

Volunteer Opportunity
Heart-Healthy Program



For more information, contact the Bloomington Parks and Recreation Department at 812-349-3700 or visit us at bloomington.in.gov/parks.

Register at bloomington.in.gov/parks or stop by the office at City Hall, 401 N. Morton St., Suite 250.

f Like us on Facebook! Bloomington Parks and Recreation Department

> Follow us on Twitter! @BlmgtParksnRec (search for Bloomington Parks)

Inclusive Approach to Recreation: All City of Bloomington Parks and Recreation programs are inclusive to people with and without disabilities. Please contact our Inclusive Recreation Coordinator Amy Shrake, CTRS, for details: 812-349-3747 or shrakea@bloomington.in.gov.

MUSIC AND DANCE

Super Sampler

Try a free sample of the Music Time for Toddlers or Music Capers classes before they officially begin! Instructor Lisa Bruns gives interactive demonstrations of both these musical specialty classes.

Sa 8/22 • 10:30-11:30 a.m.

FREE • For ages 5 yrs. and under. w/parent. Allison-Jukebox Community Center, 351 S. Washington St.

Music Time for Toddlers

This class encourages your child to uncover an engaging musical world while building confidence, self-control, and communication skills. Toddlers engage in singing, imitating sounds, rhyming, and object identification to foster language skills. Creative movement to various "moods" develops a sense of balance, timing, and spatial awareness. Specially designed exploration, movement, and story time encourage emergent literacy and help make this class enjoyable for caregivers and children alike.

M 8/24-11/16 • 10:30-11:15 a.m. • Register by 8/21. Th 8/27-11/19 • 6:10-6:50 p.m. • Register by 8/26. \$110/in-city, \$120/non-city • For ages 1-3 yrs. w/parent. Allison-Jukebox Community Center, 351 S. Washington St. Class does not meet 10/8.

Music Capers for Preschoolers

Research supports that music helps prepare the mind for specific disciplines of learning, including math, science, and language. Music Capers combines early childhood educational philosophies with fundamentals of music education and preschool concepts. Using the power of music, tap into your preschooler's creative spirit and boundless energy. Focus on developing self-confidence so your preschooler will be ready for school and prepared for future music lessons.

Th 8/27–11/19 • 5:20–6 p.m. • Register by 8/26. \$90/in-city, \$100/non-city • For ages 3–5 yrs. w/parent. Allison-Jukebox Community Center, 351 S. Washington St. Class does not meet 10/8.

LIVING AND LEARNING



Toy Time

The Banneker Community Center is brimming with toys and activities for your child, and comfortable carpeting and chairs for you! Activities and classes are frequently provided by Banneker staff and community partners. The play room remains open for free play if your child prefers not to participate in the programmed activities.

M-F • 9:30 a.m.-noon

FREE • For ages newborn-5 yrs. w/parent. Banneker Community Center, 930 W. Seventh St.

Preschool Story Hour

Storybooks come to life on Monday mornings. Crafts, games, and making new friends enhance the richness of children's literature. Instructor: Jennifer Perry

M 8/24-12/14 • 10-11 a.m.

FREE • For all ages.

Banneker Community Center, 930 W. Seventh St.

Preschool Garden Club

A Mother Hubbard's Cupboard garden educator visits the Banneker Community Center every Wednesday with free garden programming for preschoolers and parents. You and your child can explore Banneker's Green Thumbs Garden and get your hands dirty doing preschool garden projects and arts and crafts while learning about growing your own healthy food. Registration is ongoing and classes are free, but registration is required. Instructor: Georgia O'Connor

W 9/16-10/21 • 10-11 a.m. • Register by 10/21. FREE • For ages 5 yrs. and under w/parent. Banneker Community Center, 930 W. Seventh St.

THE GREAT OUTDOORS

Tots on Trails



Even the smallest trailblazer can benefit from spending time engaged outdoors. We will take a short hike along the paved Jackson Creek Trail discovering the shapes, colors, sounds, textures, plants, and animals along the way. Cost is per child.

F 9/11 • 11 a.m.—noon • Register by 9/9 • 34006-A M 9/21 • 5:30—6:30 p.m. • Register by 9/18 • 34006-B Tu 10/6 • 11 a.m.—noon • Register by 10/2 • 34006-C \$2/in-city, \$3/non-city • For ages 5 yrs. and under. Sherwood Oaks Park, 1600 E. Elliston Dr.— Meet behind the tennis courts.

SPORTS AND FITNESS Turf Time for Toddlers

The indoor turf field at the Twin Lakes Recreation Center provides you and your young child with ample space to run, play, and practice ball throwing, catching and kicking skills. This free-time play is parent or caretaker supervised physical play. TLRC staff does not supervise this area during the program and children cannot be dropped off without supervision. For more information, contact the TLRC at 812-349-3720.

M, W • 9:30-10:30 a.m.

\$5, FREE for TLRC members • For ages 1–6 yrs. w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Physical Fridays

Each Friday the gym at the Banneker Community Center buzzes with preschool play. Your energetic child will love all the active, free-play options: mini basketball, hula hoop, riding toy cars, jumping and running!

F 9:30 a.m.-noon

FREE • For all ages.

Turf Tigers

Banneker Community Center, 930 W. Seventh St.

SOCCER.

Bloomington Soccer offers players age 4-5 yrs. an introduction to the world's most popular game. **Visit bloomingtonsoccer.net for more information or to register.**

SPORTS AND FITNESS (continued)

Sport Shorties Fall Ball

Sport Shorties athletes learn the basic skills of soccer, basketball, and tee ball in a fun and safe recreational atmosphere. Teams are determined after the registration deadline. Parents are notified of practice times and team placement by e-mail prior to the start of the program. Games and practices are 45 minutes in length. Parents are expected to participate with their athlete during practices. Write special requests (e.g. on the same team as friends) on the registration form, or in the comment box if registering online.

Mandatory Coaches Training:

Thursday, August 20, 5:30–6:15 p.m. at the Twin Lakes Recreation Center. If interested in coaching contact Kim Ecenbarger at 812-349-3739 or ecenbark@bloomington.in.gov.

Sa 8/22–10/3 • Times TBD • Register by 8/14

\$50/in-city, \$55/non-city

For ages 3–4 yrs. w/parent. • 37503-A For ages 5–6 yrs. w/parent. • 37503-B

Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Soccer Sport Shorties

The indoor turf at the Twin Lakes Recreation Center is the ideal place for preschool athletes to learn the basic skills of team soccer! Young athletes take part in fun, recreational drills to develop kicking, passing, and ball handling skills in this weekly



program. Registration includes a T-shirt. Soccer Sports Shorties classes are cancelled when MCCSC classes are cancelled. If MCCSC classes are delayed, Soccer Sports Shorties will meet as scheduled. Instructor: Crystal Ritter

Tu 10/13–11/17 • 10–10:45 a.m. • Register by 10/9. \$50/in-city, \$55/non-city • For ages 3–5 yrs. w/parent. Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Basketball Future Stars

Give your preschooler a chance to explore the game of basketball! Young players get a foundation in ball handling skills with age-appropriate drills that teach the basics of dribbling, passing, and shooting. Instructor: Andrew Frank

Banneker Community Center, 930 W. Seventh St. Sa 10/24–12/12 • 10–10:45 a.m. • Register by 10/16. \$50/in-city, \$55/non-city • For ages 3–5 yrs. w/parent.

Twin Lakes Recreation Center, 1700 W. Bloomfield Rd. W 11/4–12/16 • 4:45–5:30 p.m. • Register by 10/30. \$50/in-city, \$55/non-city • For ages 3–5 yrs. w/parent. Class does not meet 11/21, 11/25, or 11/28.

Bryan Park Pool is open through September 7!

1020 S. Woodlawn Ave.



SPECIAL EVENTS



Play Day



Friday, September 4 6-8 p.m. • For all ages. Bryan Park, 1001 S. Henderson St.

Bloomington has again been named a Playful City USA by KaBOOM! We will have games and playful activities for kids of all ages. Watch the movie "Hairspray" on the big screen in Bryan Park at dusk!

FAMILY FIELD DAY AND PICNIC



Relax and enjoy fun, quality family time on a Sunday afternoon! Bring your family and a picnic lunch to Bryan Park, and we will host a variety of sports and games everyone can play.

ACTIVITIES INCLUDE:

- hula hooping
- basketball
- beanbag toss

- jump ropingFrisbee golf
- dribbling and shooting
- ... and more!

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Saturday, September 20 • noon–2 p.m. FREE • For all ages.

Bryan Park, 1001 S. Henderson St.—

Henderson Shelter

FRANK SOUTHERN ICE ARENA 2100 S. Henderson St. ICE INFORMATION HOTLINE: 812-349-3741

Rink Season: October 16-March 4 Public Skating

Monday through Friday: Noon-2:30 p.m.

Friday: 7-9 p.m.

Saturday: 1–2:30 p.m.

7–9 p.m. (Lunar Skating) 9:15–11 p.m. (Night Owl)

Sunday: 3–5 p.m.

General Admission: \$6 **Skate Rental:** \$3

New Skate Sharpening: \$10

Skate Sharpening: \$5 and \$6 (immediate service) Economy Pass: \$54 (10 sessions, excludes skate rental)



The program helps skaters progress with confidence from level to level at a quicker, more confident pace.

Introduction/Assessment Days

Thurs., October 15 • 5:30–7:10 p.m. and/or Sat., October 17 • 10:30 a.m.–12:15 p.m.

Session I: October 22-December 17

For detailed information, visit bloomington.in.gov/skatingschool.



\$6 per person • \$3 skate rental For all ages.



\$6 per person \$3 skate rental • For all ages.



Saturday, October 24 1-4 p.m.

RCA Community Park, 1400 W. RCA Park Dr.

\$4/child • One adult admitted free with paid child's admission. \$2 each additional adult.